

Communion with God ~ Guidebook

by

Maggie Reigh and Christina Erl-Daniels

ABOUT THE AUTHORS



Christina Erl-Daniels

PHOTO by Danya Stapleton/Fly Photography

After graduating from University of Victoria, British Columbia, Canada, Christina went on to become a Teacher, Journalist, Columnist, Editor, Author, and, most recently, a Marketing and Creative Director. As an ambitious mother of two young children, her biggest challenge is creating balance. Christina grew up in Vancouver, BC, and has yet to acquire a true taste for smaller towns and calmer surroundings, but believes that every experience in life has something to offer. Her greatest loves are her husband, Shaun, her children, Liam and Sequoia, her mom, fine wine, spicy food, good friends, travel, starry nights, hand-made scarves, philosophy, the theatre, and yoga. The older she gets, the less Christina will admit to knowing, yet the more she is truly learning to have fun.

One of my favourite quotes:

“Being deeply loved by someone gives you strength; loving someone deeply gives you courage.”

~ Lao Tzu

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Maggie Reigh

PHOTO by Vlad Forgac

International speaker, author, and master storyteller, Maggie Reigh IS energy, warmth, and enthusiasm! She inspires people to create meaningful and harmonious relationships, reduce stress, and to live life the way they truly want to live!

The mother of three children, Maggie is the author of the highly acclaimed book and parenting program *9 Ways to Bring out the Best in You and Your Child* and the Family Story and Activity Kit, *Boosting Emotional Intelligence – Helping Children Develop their Inner Guidance System*. These programs are far more than parenting programs... they represent a way of life, full of practical and sound tools to help parents, grandparents, teachers, and children to live the spiritual principles that you've been studying in this guidebook.

Maggie speaks and writes from the heart as she weaves stories, anecdotes, and humour into time proven principles and techniques. Combining education and entertainment, Maggie's "edutainment" style keeps readers, audiences, and workshop participants active and involved. She'll leave you laughing out loud while reflecting (long after the session is over) upon life's most meaningful messages. Maggie is a popular guest on radio and television and a sought-after key-note speaker and seminar leader at conferences and gatherings.

For a refreshing and rejuvenating, "out of the box" experience, check out Maggie's Tuning in DeLight Playshops, Mother-Daughter Celebrations, and the Women's Journey Back to Self retreats. www.maggiereigh.com If you're tired of *talking about* how to be present, how to connect with self and others, and how to add more joy to your life and want to *experience* Presence, Connection, and Joy with self and

ABOUT THE AUTHORS (continued)

www.MaggieReigh.com



PHOTO by Kevin Towbridge

others, these are the playshops for you. You'll experience the power and freedom in connecting soul to soul as you break free of living life role to role. Participants often comment that these experiences are restorative, insightful, expansive, memorable, creative, and joyful! Moms and daughters have dissolved barriers and called the playshops "miraculous."

Communion with God courses and weekend retreats are wonderful opportunities to come together with others to share and deepen your understanding of this material and to experience Oneness with light-minded people.

Bring any one of these events to your community or business and let Maggie tickle your funny bone & warm your heart with stories that will linger and inspire you to put the light back into your life and live the life worth living!

Visit www.maggiereigh.com

to learn more about Maggie's programs or to sign up for her free newsletter.