

Why I Co-Wrote This Guidebook Jeanne Webster

In my professional life, I am a certified life coach who niches in teen and young adult issues as well as spiritual integration. I am a firm believer in the sacred trinity of body, mind and spirit. Each aspect of self is given to us for a purpose. All three are used to navigate and chose our experiences in this physical realm.

In my work with teens and adults I recognized early on, that one of the biggest reasons we don't accomplish our goals or live as fully as we might, is the lack of life skills. These are the tools and techniques we use to translate and integrate our wisdom and education into our daily actions. Much of my coaching is spent teaching these skills, as well as, how they are applied to everyday living to create and shape the lives we choose.

Our spiritual principles we adhere to are sometimes left out of our daily living, or only truly explored on Sundays, at spiritual retreats, the odd discussion, or when we are directly asked. There is a disconnection between "Who We Really Are" and the way we behave, the choices we make and the way we create our lives. These spiritual qualities are not left out on purpose; we simply don't possess the link that brings them to life. In today's world the gap between our business and personal lives and our foundational beliefs has widened. This is not because we wish to intentionally keep it separate, on the contrary, I believe we all struggle to apply our deep beliefs to living. The reason we can believe in one thing and sometimes act in a very different manner is simply because we may lack the skills and tools to bridge that gap. The spirit and the essence of "Who We Really Are" are not fully integrated into our daily living.

What I hope to accomplish in writing this book, is to demonstrate Neale's work combined with the life skills that will translate and integrate these principles into our daily living. Through illustrating in words and activities, I hope to show how spirituality can be the foundation we use to guide our decisions, choices, and actions at home, work, and in our relationships with others. *If we are to change the world*, let us find a way to translate, integrate, and apply our spiritual principles into our personal lives, our homes, our communities, and our businesses.

If our "beingness" (living spiritual principles) translates to our "doingness" (choices and actions) then we will "have" a fully integrated divine life. We will also "become the change we wish to see in our world."

When the opportunity to write this book came to me, I was truly excited by the possibilities. This new generation, the teens and young adults of today, are hungry and willing to make the changes the world so desperately needs. The technology they grew up with has made them more global minded and socially aware than any previous generation. They no longer view problems in terms of just their countries' borders.

What better way to be involved in our future and the planet's future, than to have the opportunity to ground our next generation in its spiritual principles – to bring them the clarity and direction they require to make different and better choices?

In my own way, using all my talents and my passion for the young people of today, I am able to touch the lives of young people I have never met. It is for this reason I wrote this book. The opportunity to do this work is a blessing. It is my prayer that this guide enriches the life of each person it reaches.

~ Jeanne Webster, CPC, North Carolina

Conversations with God for Teens Guidebook © 2008 SNS, Jeanne Webster and Emily Welch

Why I Co-Wrote This Guidebook Emily Welch – Generational Analyst

As a member of the Millennial Generation, I, along with my peers, have been molded by the ever changing world of today. Having spent the past few years in deep personal

contemplation and spiritual evolution, I have also become very familiar with the progression of my generation in the areas of spirit and consciousness. There has never been a more vital time to reach the youth of our world, and of course, there is no better way than through the process of realization and actualization of Self.

The work of Neale Donald Walsch has been a personal favorite of mine over the years. I, like many other Millennials, was fortunate enough (and by the Universe's design) to be raised in an open home where curiosity was celebrated and truth was relative. The theories and concepts presented in the *Conversations with God* series are not only profound, but are deeply necessary for the re-direction of our world. And there is no other group of people who are more aware of this need than our younger generations.

The shifting dynamics of our world are forever altering the way humanity does, and will, exist. With advancing technology, growing interconnectedness of societies and the search for meaning above matter, the course of our planet's future is at the mercy of our collective choices. Now is the time to take the helm and steer this world away from the suffering and destruction we have come to know. By changing our course we can then move our children towards a tomorrow filled with far more possibility than we ourselves have ever known. This book can help do that very thing.

When I was given the opportunity to co-author *Conversations with God for Teens Guidebook*, I knew how important these messages were for my generation. One of the largest gaps existing in today's society is between spirit and reality, and when we can bridge that void, the struggles we have always known will quickly begin to dissipate. The work presented within these pages offers the techniques and skills many are missing in connecting the realization and application of self with the practicalities of life. Through presenting these concepts to young adults, the lessons offered will be internalized at a depth unreachable at an older age. By sharing these powerful principles to teens, we will be influencing the future with tenacity and passion, simply by guiding them to realize their own tenacity and passion.

In helping to clear the way, I hope this book will bring insight and empowerment to all those who come to its pages. I pray these visions and tools are offered in a way which brings co-learners closer to themselves and toward their highest calling. I send my heartfelt appreciation and respect to all of those who join me in this vital cause, and to those who are doing their own part to shape the shining potential of our future. Let us go forth to create a new world of unrivaled possibility and celebrate this incredible experience together.

~ Emily Welch, North Carolina

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